

# LaRue County 4-H Newsletter

 **Martin-Gatton**  
College of Agriculture,  
Food and Environment  
University of Kentucky.

# SEPTEMBER 2023



**FALL 2023 FEST**

**SAVE THE DATE**

**October 24TH**

**TUESDAY 5:30-7:30 PM**

**LARUE COUNTY EXTENSION SERVICE**  
807 Old Elizabethtown Rd., Hodgenville  
270-358-3401

**Hot Dogs Chili**

**PRIZES!**

**Pumpkin Decorating**

**4-H CLUB INFORMATIONAL BOOTHS**



**County 4-H Awards**

*DEADLINES COMING SOON!*

**CLOVERBUDS RECORD FORM**

**SEPTEMBER 29**

**RECORD BOOKS**

**October 14**

**AWARDS POINTS**

## Cooperative Extension Service

LaRue County  
PO Box 210, 807 Old Elizabethtown Rd.  
Hodgenville KY 42748-0210  
(270) 358-3401  
Fax: (270) 358-9418  
larue.ca.uky.edu

## Club Meetings

9/8 - Teen Club - 2:00pm @ the LaRue County High School Greenhouse Classroom

9/11 - Livestock Club - 6:00pm @ the LaRue County Extension Service

9/12 - Gardening Club - 5:00pm @ the LaRue County Extension Service

9/20 - Canoe & Kayak - 6:30pm @ the LaRue County Extension Service

9/21 - Shooting Sports - 6:00pm @ the New Haven Gun Club

9/28 - Cloverbuds- 5:00pm @ the LaRue County Extension Service

Sincerely,

*Misty Wilmoth*

Misty Wilmoth  
LaRue County Extension Agent  
For 4-H Youth Development  
mwilmoth@uky.edu

## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Disabilities accommodated with prior notification.



# 4-H Country Ham tagging!

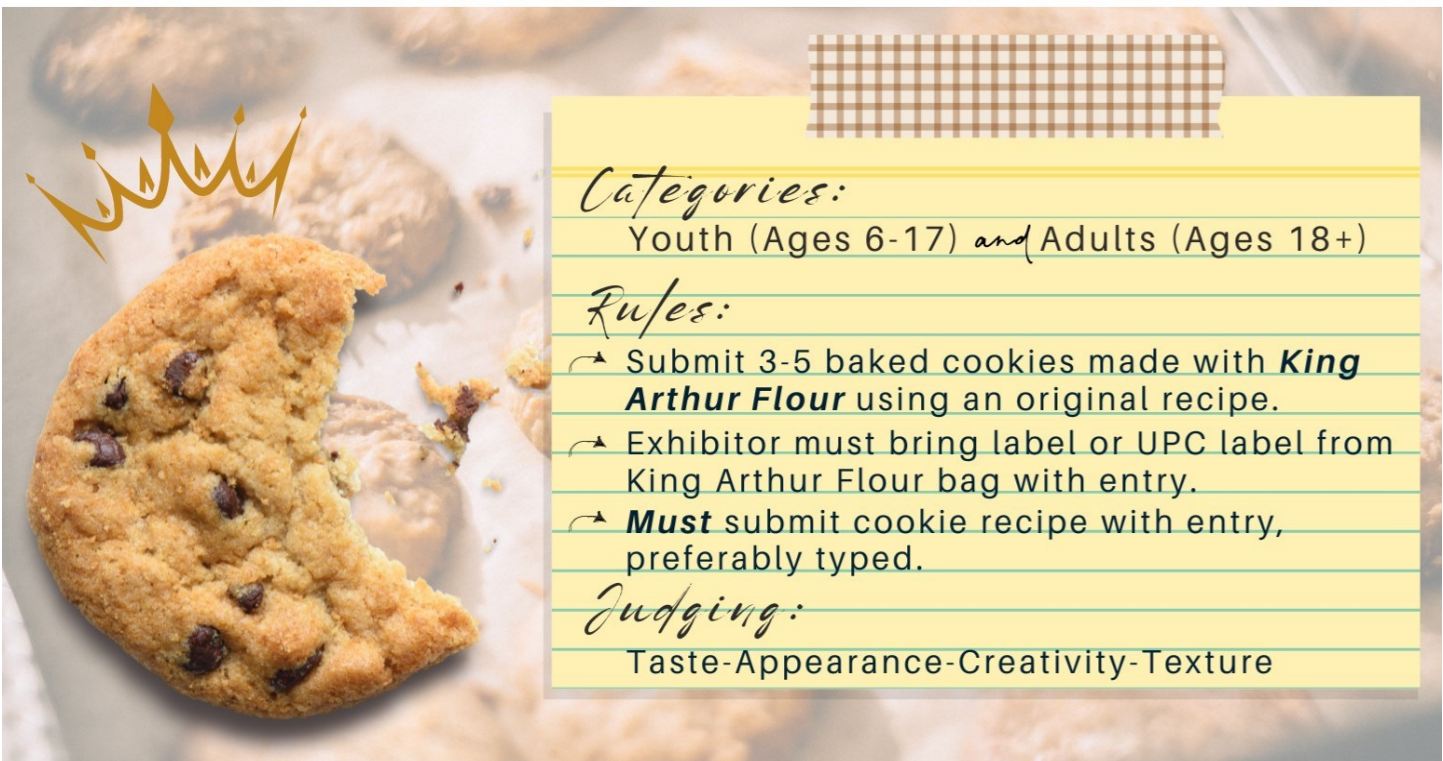


LINCOLN DAYS

# Cookie

BAKING CONTEST

Saturday 10/7/23 at 9 AM  
MAIN STAGE - LINCOLN SQUARE



*Categories:*

Youth (Ages 6-17) and Adults (Ages 18+)

*Rules:*

- Submit 3-5 baked cookies made with **King Arthur Flour** using an original recipe.
- Exhibitor must bring label or UPC label from King Arthur Flour bag with entry.
- **Must** submit cookie recipe with entry, preferably typed.

*Judging:*

Taste-Appearance-Creativity-Texture

**SPONSORED BY:** King Arthur Flour *and* LaRue County Extension Service FCS Program



**UK** Cooperative Extension Service

FAMILY & CONSUMER SCIENCES



**CONTACT:**  
Marla Stillwell

270-358-3401 or  
marla.stillwell@uky.edu

LaRue County  
Extension Service

# 4-H Country Ham AUCTION



**DURING LINCOLN DAYS**

Saturday, October 7th

**11:00 a.m.**

Second Stage  
(near vibe)

Opening bids will start at \$35.  
A limited number of hams to be sold.



**Questions?**

Call 270-358-3401

**4-H Participant Information/Enrollment Form 2023-2024**

(NOT FOR RESIDENTIAL CAMP)

Note: The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance). Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying.

Name: \_\_\_\_\_ County/Area: \_\_\_\_\_  
 Preferred Name: \_\_\_\_\_ School Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Grade: \_\_\_\_\_  
 4-Her Phone: \_\_\_\_\_ 4-H Year: \_\_\_\_\_ Gender:  Female  Male  
 4-Her Email: \_\_\_\_\_  
 Residence:  
 Farm  Town < 10,000 or Rural Non-Farm  Town/City/Suburb 10,000-50,000  City/Suburb >50,000  City– Central >50,000  
 Race (please choose more than one if applicable):  American Indian  Asian  Black  Native Hawaiian or Pacific Islander  
 White  Prefer Not to Say  Not Listed: \_\_\_\_\_  
 Ethnicity:  Hispanic  Non-Hispanic T-Shirt Size: \_\_\_\_\_

Parent/Guardian 1: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact?  Yes  No  
 Parent/Guardian 2: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact?  Yes  No

Is any member of your family a current or former member of the United States Military or National Guard? Yes No

**Health History**

Does the participant have, or at any time has had, any of the following? Check "Yes" or "No" to each item. Please explain any "yes" answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

	Yes	No
1) Asthma .....	<input type="checkbox"/>	<input type="checkbox"/>
2) Bronchitis.....	<input type="checkbox"/>	<input type="checkbox"/>
3) Convulsions.....	<input type="checkbox"/>	<input type="checkbox"/>
4) Diabetes.....	<input type="checkbox"/>	<input type="checkbox"/>
5) Ear Infection.....	<input type="checkbox"/>	<input type="checkbox"/>
6) Fainting.....	<input type="checkbox"/>	<input type="checkbox"/>
7) Heart Condition.....	<input type="checkbox"/>	<input type="checkbox"/>
8) Headaches.....	<input type="checkbox"/>	<input type="checkbox"/>
9) Hypoglycemia.....	<input type="checkbox"/>	<input type="checkbox"/>
10) Serious Allergy to Insects.....	<input type="checkbox"/>	<input type="checkbox"/>
11) Serious Allergy to Nuts.....	<input type="checkbox"/>	<input type="checkbox"/>
12) Serious Allergy to Gluten.....	<input type="checkbox"/>	<input type="checkbox"/>
13) Serious Allergy to Dairy.....	<input type="checkbox"/>	<input type="checkbox"/>
14) Wear Glasses/Contacts.....	<input type="checkbox"/>	<input type="checkbox"/>
15) Other Conditions.....	<input type="checkbox"/>	<input type="checkbox"/>
16) Other Allergy (please explain) .....	<input type="checkbox"/>	<input type="checkbox"/>

Please explain any "yes" responses, including medications taken for any conditions:

---

Please explain any restrictions (dietary, physical, etc):

---

Social, emotional, and/or behavioral health information:

The following over the counter medications may be administered to my child without contacting me:

- Antihistamine Pill  Antacid  Ibuprofen (Advil)  Hydrocortisone Cream  
 Acetaminophen (Tylenol)  Decongestant  Dramamine  Polysporin (topical antibiotic)

**Medical Treatment**

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_

**Publicity Release**

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

SIGNATURE OF /GUARDIAN: \_\_\_\_\_  NO, I do not permit

# 4-H Youth Development CODE OF CONDUCT FORM (NOT FOR RESIDENTIAL CAMPS)

## 4-H ENROLLMENT FORM

Please return COMPLETED form to:  
 LaRue County 4-H  
 P.O. Box 210, 807 Old Elizabethtown Road  
 Hodgenville, KY 42748  
 270-358-3401 - mwilmoth@uky.edu

Please bubble the clubs you are interested in below. The 4-H newsletter will include dates of club meetings and activities. We'll also send information out about clubs/activities to those who indicate interest once they are ready to begin. Once you have returned this enrollment form you may begin attending meetings. 4-H Age is 9-18 as of January 1, 2024 and Cloverbuds are for ages 5 to 8 as of January 1, 2024.

### Clubs

- Cloverbuds (5 to 8 years old)
- Canoe & Kayak
- Cooking Club
- Dog Club
- Gardening Club
- Livestock Club
- Shooting Sports
- Teen Club
- Wranglers Horse Club
- Rabbit Club

### Project Interest

- Arts & Crafts
- Sewing
- Photography
- Woodworking
- Electricity



All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and others attending.

#### WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES AND EVENTS:

1. Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate attire. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
2. The possession and use of alcoholic beverages, tobacco products, vape juice and/or devices, and/or drugs (except for medications prescribed to the participant by a licensed physician) are prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
3. Possession of firearms not for educational use is prohibited.
4. Setting off fire alarms and tampering with fire extinguishing and other emergency equipment are prohibited.
5. Gambling of any type is prohibited.
6. Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
7. Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
8. Display of overly affectionate or inappropriate attention between participants is prohibited.
9. Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
10. All clothing shall be neat, clean, and acceptable in repair and appearance and shall be worn within the bounds of decency and good taste as appropriate for 4-H events. Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex or are in any other way distracting, are prohibited. Each county may adopt additional Code of Conduct guidelines.

#### WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, AND EVENTS, THE FOLLOWING WILL ALSO APPLY:

1. All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
2. No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time they leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
3. At overnight events, only conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
4. Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty including, but not limited to, the following:**

- Sent home from the activity or event at his/her own expense.
- Barred from participation from future 4-H events.
- Assessed the cost of damages for destruction of property.

I, \_\_\_\_\_ have read the

Code of Conduct and agree to abide by its rules. By signing this document, I acknowledge that infraction of this Code of Conduct will result in any or all of the penalties listed above.



Member/Volunteer \_\_\_\_\_

County: \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Date: \_\_\_\_\_

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 4-H Youth Development  
 Community and Economic Development

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Disabilities accommodated with prior notification.

# HELP NEEDED!

4-H Cotton Candy Booth at  
Lincoln Days

WHEN?

**SATURDAY 10/7**

**&**

**SUNDAY 10/8**

How?

**CALL  
270-358-3401  
TO GET  
SIGNED UP  
FOR A TIME  
SLOT!**



Join LaRue County 4-H  
today! Enrollment for  
2023-2024 is happening  
now. Stop by the Extension  
Office to pick up an  
enrollment form or scan the  
QR code to register online!

SCAN ME



# CANOE & KAYAK





# Good Luck Ephraim Morgan at the Kentucky 4-H State Shoot!

*good luck*



## CONGRATULATIONS

**ELLA THOMAS, FINALIST IN THE  
KENTUCKY 4-H COUNTRY HAM  
RECIPE CONTEST. SHE PRESENTED  
HER COUNTRY HAM POTATO SOUP  
RECIPE ON THE CLOVERVILLE  
STAGE AT THE KENTUCKY STATE  
FAIR.**



**CLASS CHAMPION!**



**Jace Detre -  
Major Home Improvement  
&  
Junior Lap Loom**

**CLASS CHAMPION!**



**Emily Detre -  
Senior Etched Plexiglass**

**CLASS CHAMPION!**



**Eva Falk  
Agriculture, Farm  
Equipment Photography**

**CLASS CHAMPION!**



**Leo Falk  
Natural Resources,  
Wildlife photography**

# SCENES FROM STATE FAIR





# Cyrus Bivens won 2nd place in the KY 4-H 2007 Non-Smoked Country Ham Speech



# KENTUCKY STATE FAIR RESULTS



## Avery Bivens

Country Ham Project - Blue  
Avian Bowl - Blue  
Yellow Ear Corn Crops - Blue  
Wood Science - Blue  
Poultry Judging - Blue & 5th Place overall Jr.

## Cyrus Bivens

Country Ham Project - Blue  
Avian Bowl - White  
Current year Soybeans - Blue  
Current year Wheat - Blue  
Wood Science - Blue  
Country Ham Speech - 2nd Place Overall

## Julian Brooks

Country Ham Project - Red

## Soren Brooks

Poultry Showmanship - Blue

## Hayden Clifford

Junior Art Trends - Blue

## Ella Cundiff

Country Ham Project - Blue

## Annabelle Davis

Terrariums - Blue  
Herb Container Garden - Blue

## Tanner Thompson

Poultry Judging - Blue

## Isabella Day

Avian Bowl - Blue  
Senior Color Pencil - Blue  
Senior Pen & Ink - Blue  
Senior Art Trends - Blue  
Dealing with stress, Photography - Red  
Poultry Judging - Blue & 2nd Place overall Sr.

## Emily Detre

Senior Oil Pastel - Red  
Senior Etched Plexiglass - Blue \*Class Champion  
Senior Upcycling Project - Red  
Senior General Cake Decorating - Red

## Jace Detre

County Ham Project - Blue  
Junior Lap Loom - Blue \*Class Champion  
Loaf Honey Whole Wheat Bread - Blue  
Individual Place Setting - Red  
Advanced Major Home Improvement - Blue \*Class Champion

## Eva Falk

Junior Acrylic Painting - Blue  
Junior Water Color - Red  
Natural Resources Photography - Blue  
Agriculture, Livestock Photography - Red  
Agriculture, Crops Photography - Blue  
Agriculture, Farm Equipment Photography - Blue \*Class Champion  
Formal/Candid Portrait - Red

## Kenzie Jewell

Poultry Judging - Blue

# KENTUCKY STATE FAIR RESULTS



## Hannah Falk

Senior Water Color - Red  
Native Plants Photography - Blue  
Agriculture Scenic Photography - Blue  
FCS, Family Photography - Blue  
Patterns/Designs Photography - Red  
Senior Clover Photography - Blue

## Leo Falk

Junior Pen & Ink - Red  
Water Photography - Red  
Wildlife Photography - Blue \*Class Champion  
Natural Scenic Photography - Blue  
Insect Photography - Blue

## Bridget Faulkner

Senior Oil Painting - Blue

## Harper Gardner

Country Ham Project - Blue  
Junior Cotton Linter Bowl - Green

## Kaleb Howard

Country Ham Project - Red  
Avian Bowl - Red  
Poultry Judging - Red  
Junior Oil Pastel - Blue  
Color Collage - Blue

## Ellie Day

Junior Color Pencil - Green  
Junior Upcycling Project - Red

## Hunter Locke

Country Ham Project - Red  
Original Design Quilt - Red

## Ellee Marksbury

Country Ham Project - Red  
Heirloom Tomato - Blue  
Peppers, Hot - Red  
Peppers, Sweet - White  
Squash, Summer - Blue  
Junior Abstract - Red  
Junior Jewelry - White  
Cloth Item for the Home - Red

## Jake Marksbury

Country Ham Project - Red  
Poultry Judging - Blue & 5th Place overall Sr.

## Nolan McCandless

Country Ham Project - Red

## Colleen Miller

Country Ham Project - Red

## Cash Lee

Avian Bowl - White  
Poultry Judging - Blue & 4th Place overall Sr.

## Iva Lee

Poultry Judging - Red

## Ali Marshall

Junior General Cake Decorating - Blue

## Ben Falk

Black and White Hort. Photography - Blue  
Single Color Hort. Photography - Blue

# KENTUCKY STATE FAIR RESULTS

## CLOVERVILLE

Mackenzey Rucker  
Country Ham Project - Red

Tommy Wilmoth  
Country Ham Project - Red

Abby Shaw  
Country Ham Project - Red  
Dish Garden - Red  
Snickerdoodles - Blue

Abigail Morgan  
Senior acrylic - Blue  
Senior abstract - Red  
Senior Self Portrait - Blue  
Senior Clay - Red

Anna Shaw  
Country Ham Project - Red  
Cornmeal Muffins - Blue  
Chewy Granola Bars - Blue

Charlie Ragland  
Country Ham Project - Red

Tanner Skaggs  
Country Ham Project - Red

Cory Ragland  
Country Ham Project - Red


Clay Stillwell  
Country Ham Project - Blue  
Beans, Snap - Red  
Largest Tomato - Red  
Junior Self Portrait - White  
Junior Clay - Blue

Ella Thomas  
Country Ham Project - Blue  
Country Ham Recipe Demo - Blue  
Avian Bowl - Blue  
Poultry Judging - Blue

Jackson Thomas  
Country Ham Project - Blue

# GOOD JOB

APPLICATIONS AVAILABLE  
SEPTEMBER 1 - OCTOBER 31

 Cooperative  
Extension Service



# INTERNSHIP PROGRAM

12 Week Summer Internship  
Competitive Pay  
Flexible Start Dates

This isn't your typical internship.  
You will:

- Gain valuable hands-on professional experience
- Work on special projects that directly impact communities
- Experience a full professional working environment that is a positive place for mistakes, growth and learning
- Network with other professionals

Apply online:



For more information, contact:

Extension Human Resources  
859.562.2498  
[ces-personnel.ca.uky.edu](http://ces-personnel.ca.uky.edu)

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